New Statistical Methods and Experimental Designs for the Identification of Causal Mechanisms

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> October 9, 2009 Symposium on Experimental Social Science

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# Experiments, Statistics, and Causal Mechanisms

- Causal inference is a central goal of social science
- Experiments as **gold standard** for estimating *causal effects*
- But, we really care about *causal mechanisms*
- A major criticism of experimentation (and statistics): *it can only determine whether the treatment causes changes in the outcome, but not how and why*
- Experiments are a **black box**
- Qualitative research uses process tracing
- Key Challenge: How can we design and analyze experiments to identify causal mechanisms?
- We propose new statistical methods and experimental designs for the identification of causal mechanisms

### **Overview of the Talk**

- Identification of causal mechanisms in standard experiments
  - Offer a general nonparametric identification and estimation strategy
  - 2 Modernize and extend causal mediation analysis
  - Propose sensitivity analyses to assess the robustness
- New experimental designs for identification of causal mechanisms
  - Derive the limitations of common approaches
  - Propose alternative experimental designs
  - Illustrate the ideas vis-à-vis a behavioral neuroscience experiment

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# **Causal Mediation Analysis**





- Quantities of interest: Direct and indirect effects
- Fast growing methodological literature

# **Common Practice in the Discipline**

• Regression

 $Y_i = \alpha + \beta T_i + \gamma M_i + \delta X_i + \epsilon_i$ 

- Each coefficient is interpreted as a causal effect
- Sometimes, it's called marginal effect
- Idea: increase  $T_i$  by one unit while holding  $M_i$  and  $X_i$  constant
- Post-treatment bias: if you change  $T_i$ , that may also change  $M_i$
- Usual advice: only include causally prior variables
- But, then you lose causal mechanisms!

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# Formal Statistical Framework of Causal Inference

- Binary treatment:  $T_i \in \{0, 1\}$
- Mediator:  $M_i \in \mathcal{M}$
- Outcome:  $Y_i \in \mathcal{Y}$
- Observed covariates:  $X_i \in \mathcal{X}$
- Potential mediators:  $M_i(t)$  where  $M_i = M_i(T_i)$
- Potential outcomes:  $Y_i(t, m)$  where  $Y_i = Y_i(T_i, M_i(T_i))$
- Fundamental problem of causal inference: Only one potential outcome is observed

**Defining and Interpreting Causal Mediation Effects** 

• Total causal effect:

$$\tau_i \equiv Y_i(1, M_i(1)) - Y_i(0, M_i(0))$$

• Indirect (causal mediation) effects:

$$\delta_i(t) \equiv Y_i(t, M_i(1)) - Y_i(t, M_i(0))$$

- Causal effect of the change in *M<sub>i</sub>* on *Y<sub>i</sub>* that would be induced by treatment
- Change the mediator from M<sub>i</sub>(0) to M<sub>i</sub>(1) while holding the treatment constant at t
- Fundamental problem: For each unit *i*,  $Y_i(t, M_i(t))$  is observable but one can *never* observe  $Y_i(t, M_i(1 t))$

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### Mechanisms, Manipulations, and Interactions

#### Mechanisms

• Indirect effects:

$$\delta_i(t) \equiv Y_i(t, M_i(1)) - Y_i(t, M_i(0))$$

• Counterfactuals about naturally occurring values

#### Manipulations

• Controlled direct effects:

$$\xi_i(t, m, m') \equiv Y_i(t, m) - Y_i(t, m')$$

• Causal effect of directly manipulating the mediator under  $T_i = t$ 

#### Interactions

• Interaction effects:

$$\xi(1, m, m') - \xi(0, m, m') \neq 0$$

• Doesn't imply the existence of a mechanism

### Nonparametric Identification

• Quantity of Interest: Average Causal Mediation Effects

$$\bar{\delta}(t) \equiv \mathbb{E}(\delta_i(t)) = \mathbb{E}\{Y_i(t, M_i(1)) - Y_i(t, M_i(0))\}$$

- Problem: Y<sub>i</sub>(t, M<sub>i</sub>(t)) is observed but Y<sub>i</sub>(t, M<sub>i</sub>(1 t)) can never be observed
- Proposed identification assumption: Sequential Ignorability

$$\{Y_i(t', m), M_i(t)\} \perp T_i \mid X_i = x, Y_i(t', m) \perp M_i \mid T_i = t, X_i = x$$



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# Inference Under Sequential Ignorability

- Model outcome and mediator
- Outcome model:  $p(Y_i | T_i, M_i, X_i)$
- Mediator model:  $p(M_i | T_i, X_i)$
- A simplest setup: Linear Structural Equation Model (LSEM)

$$\begin{aligned} \mathbf{M}_i &= \alpha_2 + \beta_2 \mathbf{T}_i + \epsilon_{i2}, \\ \mathbf{Y}_i &= \alpha_3 + \beta_3 \mathbf{T}_i + \gamma \mathbf{M}_i + \epsilon_{i3}. \end{aligned}$$

Theorem 2 (Identification Under LSEM)

Under the LSEM and sequential ignorability, the average causal mediation effects are identified as  $\overline{\delta}(0) = \overline{\delta}(1) = \beta_2 \gamma$ .

- Can include the interaction between  $T_i$  and  $M_i$
- Can use parametric or nonparametric regressions; probit, logit, ordered mediator, GAM, quantile regression, etc.

- The sequential ignorability assumption is often too strong
- Need to assess the robustness of findings via sensitivity analysis
- Question: How large a departure from the key assumption must occur for the conclusions to no longer hold?
- Parametric sensitivity analysis by assuming

$$\{Y_i(t',m),M_i(t)\} \perp T_i \mid X_i = x$$

but not

$$Y_i(t', m) \perp M_i \mid T_i = t, X_i = x$$

• Possible existence of unobserved pre-treatment confounder

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### Parametric Sensitivity Analysis

- Sensitivity parameter:  $\rho \equiv Corr(\epsilon_{i2}, \epsilon_{i3})$
- Sequential ignorability implies  $\rho = 0$
- Set  $\rho$  to different values and see how mediation effects change

#### Theorem 3

$$\overline{\delta}(\mathbf{0}) = \overline{\delta}(\mathbf{1}) = \frac{\beta_2 \sigma_1}{\sigma_2} \left\{ \widetilde{\rho} - \frac{\rho \sqrt{(1 - \widetilde{\rho}^2)/(1 - \rho^2)}}{\sqrt{(1 - \rho^2)}} \right\}$$

where  $\sigma_j^2 \equiv \operatorname{var}(\epsilon_{ij})$  for j = 1, 2 and  $\tilde{\rho} \equiv \operatorname{Corr}(\epsilon_{i1}, \epsilon_{i2})$ .

- When do my results go away completely?
- $\bar{\delta}(t) = 0$  if and only if  $\rho = \tilde{\rho}$
- Easy to estimate from the regression of *Y<sub>i</sub>* on *T<sub>i</sub>*:

$$Y_i = \alpha_1 + \beta_1 T_i + \epsilon_{i1}$$

Interpreting Sensitivity Analysis with R squares

- Interpreting  $\rho$ : how small is too small?
- An unobserved (pre-treatment) confounder formulation:

$$\epsilon_{i2} = \lambda_2 U_i + \epsilon'_{i2}$$
 and  $\epsilon_{i3} = \lambda_3 U_i + \epsilon'_{i3}$ 

• How much does  $U_i$  have to explain for our results to go away?

Sensitivity parameters: R squares
 Proportion of previously unexplained variance explained by U<sub>i</sub>

$$R_M^{2*} \equiv 1 - \frac{\operatorname{var}(\epsilon'_{i2})}{\operatorname{var}(\epsilon_{i2})}$$
 and  $R_Y^{2*} \equiv 1 - \frac{\operatorname{var}(\epsilon'_{i3})}{\operatorname{var}(\epsilon_{i3})}$ 

2 Proportion of original variance explained by  $U_i$ 

$$\widetilde{R}_{M}^{2} \equiv \frac{\operatorname{var}(\epsilon_{i2}) - \operatorname{var}(\epsilon_{i2}')}{\operatorname{var}(M_{i})} \quad \text{and} \quad \widetilde{R}_{Y}^{2} \equiv \frac{\operatorname{var}(\epsilon_{i3}) - \operatorname{var}(\epsilon_{i3}')}{\operatorname{var}(Y_{i})}$$
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• Then reparameterize 
$$\rho$$
 using  $(R_M^{2*}, R_Y^{2*})$  (or  $(\tilde{R}_M^2, \tilde{R}_Y^2)$ ):

$$\rho = \operatorname{sgn}(\lambda_2 \lambda_3) R_M^* R_Y^* = \frac{\operatorname{sgn}(\lambda_2 \lambda_3) \widetilde{R}_M \widetilde{R}_Y}{\sqrt{(1 - R_M^2)(1 - R_Y^2)}},$$

where  $R_M^2$  and  $R_Y^2$  are from the original mediator and outcome models

- $sgn(\lambda_2\lambda_3)$  indicates the direction of the effects of  $U_i$  on  $Y_i$  and  $M_i$
- Set  $(R_M^{2*}, R_Y^{2*})$  (or  $(\tilde{R}_M^2, \tilde{R}_Y^2)$ ) to different values and see how mediation effects change

### Empirical Illustration: Nelson et al. (APSR)

- How does media framing affect citizens' political opinions?
- News stories about the Ku Klux Klan rally in Ohio
- Treatment: Free speech frame ( $T_i = 0$ ) and public order frame ( $T_i = 1$ )
- Randomized experiment with sample size = 136
- Mediators: general attitudes about the importance of free speech and public order
- Outcome: tolerance for the Klan rally
- Expected findings: negative mediation effects

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# Analysis under Sequential Ignorability

Average Mediation Effects $\hat{\delta}(0) = \hat{\delta}(1)$	-0.44 [-0.87, -0.01]
Average Direct Effects $\hat{\zeta}(0) = \hat{\zeta}(1)$	-0.02 [-0.49, 0.47]
Average Total Effect $\hat{\tau}$	-0.46 [-1.11, 0.23]

# Sensitivity Analysis with Respect to $\rho$



ACME(p)

# Sensitivity Analysis with Respect to $(\widetilde{R}_M^2, \widetilde{R}_Y^2)$



 $ACME(\tilde{R}_{M}^{2},\tilde{R}_{Y}^{2}), \, sgn(\lambda_{2}\lambda_{3}) = 1$ 

- Statistical vs. Experimental approach to the identification of causal mechanisms
- Can we design an experiment to facilitate the identification of causal mechanisms?
- Replace statistical assumptions with the assumptions about experimental design
- How do different experimental designs help or hinder the identification of causal mechanisms?
- Encourages experimentalists to be creative
- Technological developments facilitates the use of new designs

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# Single Experiment Approach

1) Randomize treatment

2) Measure mediator

3) Measure outcome

### **Key Identifying Assumptions**

- Sequential Ignorability: conditional on treatment, mediator is random
- Violated if there are unobservables that affect mediator and outcome
- Not testable sensitivity analysis at best

### **Identification Analysis**

• Can never identify the sign of indirect effect

# **Causal Chain Approach**



# **Comparison of Assumptions**

	Single	Causal
Assumptions	Experiment	Chain
Random Treatment	$\bigcirc$	$(\cdot)$
Sequential Ignorability (SI)	$\bigcirc$	
Random Mediator		$\bigcirc$
No Manipulation Effect		$\dot{\bigcirc}$
No Interaction Effect		$\dot{\bigcirc}$

Limitations of the existing approaches:

- Single experiment approach requires the SI assumption
- Causal chain approach replaces it with other untestable assumptions that are unrelated to experimental designs
- Can we come up with a better experimental design?

# **Parallel Design**



### Key Identifying Assumptions

- No Manipulation Effect
- No Interaction Effect

### **Identification Analysis**

• Always more informative than causal chain

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# Comparison of Assumptions

	Causal	
Assumptions	Chain	Parallel
Random Treatment	$\dot{\bigcirc}$	
Sequential Ignorability		
Random Mediator	$\bigcirc$	
No Manipulation Effect	$\stackrel{(\cdot)}{\bigcirc}$	
No Interaction Effect	$(\overline{})$	

- Difficult to justify the No Interaction Effect assumption
- Parallel design is more informative about causal mechanisms

# **Crossover Design**



# **Crossover Encouragement Design**

#### **Experiment 1**

1) Randomize treatment

2) Measure mediator

3) Measure outcome (optional)

#### Same sample

#### Experiment 2

1) Fix treatment opposite Experiment 1

2) Randomly encourage mediator to level observed in Experiment 1

3) Measure outcome

### **Key Identifying Assumptions**

- No Defier: Encouragement doesn't discourage anyone
- No Carryover Effect
- No Manipulation Effect

#### **Identification Analysis**

- Identify indirect effects for "pliable" units
- Can check carryover effect

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### **Comparison of Assumptions**

		Crossover
Assumptions	Crossover	Encouragement
Random Treatment	$\bigcirc$	$\bigcirc$
Sequential Ignorability		
Random Mediator		
Random Encouragement		$\bigcirc$
No Manipulation Effect	$\overline{\bigcirc}$	$\overline{(\cdot)}$
No Interaction Effect		
No Carryover Effect	$\overline{\bigcirc}$	$\overline{\bigcirc}$
No Defier		$\overline{\bigcirc}$

- Crossover design is the most powerful, but requires the no carryover effect assumption
- Longer washout period
- Crossover encouragement design can be applied even if mediator is not directly manipulable
- Subtle encouragement less manipulation effect

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### Example from Behavioral Neuroscience

**Question**: What mechanism links low offers in an ultimatum game with "irrational" rejections?

• Two brain regions more active when unfair offer received (single experiment design)

Design solution: manipulate mechanisms with TMS

• Knoch et al. use TMS to manipulate — turn off — one of these regions, and then observes choices (parallel design)

We discuss the applicability of each design and the credibility of its identification assumptions in this context

# Concluding Remarks

- Identification of causal mechanisms is difficult but is possible
- Additional assumptions are required
- Two proposed strategies:
  - Sensitivity analysis to assess the robustness
  - 2 New experimental designs to improve the credibility
- Offer a comprehensive set of statistical methods
- Derive the identification power of different experimental designs
- Ongoing work:
  - Application to political psychology experiments
  - Experimental identification of causal effects of gene

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# Papers and Software

- "Experimental Identification of Causal Mechanisms"
- "Identification, Inference, and Sensitivity Analysis for Causal Mediation Effects."
- "A General Approach to Causal Mediation Analysis."
- "Causal Mediation Analysis in R."
- All available at http://imai.princeton.edu/projects/mechanisms.html
- mediation: R package for causal mediation analysis
- Available at

http://cran.r-project.org/web/packages/mediation/